
























Hora	Dilluns	Dimarts	Dimecres	Dijous	Divendres
7:30 - 8:30	POLESTAR  PILATES®		<b>LES MILLS</b> <b>BODYBALANCE</b>		POLESTAR  PILATES®
8:30 - 9:30	<b>LES MILLS</b> <b>BODYBALANCE</b>	POLESTAR  PILATES®	POLESTAR  PILATES®	POLESTAR  PILATES®	POLESTAR  PILATES®
9:30 - 10:30	POLESTAR  PILATES®	<b>LES MILLS</b> <b>tone</b>		POLESTAR  PILATES®	POLESTAR  PILATES®
10:30 - 11:30					
13:15 - 14:15	POLESTAR  PILATES®		POLESTAR  PILATES®		
14:00 - 15:00		POLESTAR  PILATES®			
15:00 - 16:00			POLESTAR  PILATES®		
17:00 - 18:00	POLESTAR  PILATES®	POLESTAR  PILATES®	<b>LES MILLS</b> <b>BODYBALANCE</b>	POLESTAR  PILATES®	POLESTAR  PILATES®
18:00 - 19:00	POLESTAR  PILATES®	POLESTAR  PILATES®		POLESTAR  PILATES®	POLESTAR  PILATES®
19:00 - 20:00		POLESTAR  PILATES®		<b>LES MILLS</b> <b>BODYBALANCE</b>	
19:30 - 20:30	<b>LES MILLS</b> <b>tone</b>		POLESTAR  PILATES®		
20:00 - 21:00		POLESTAR  PILATES®		POLESTAR  PILATES®	
20:30 - 21:30	<b>LES MILLS</b> <b>BODYBALANCE</b>		POLESTAR  PILATES®		